

## THE DOGGY DIGEST

## TRAINING TIPS BROUGHT TO YOU BY MUTTS WITH MANNERS

How to Keep Your Animals Safe This Fourth of July

More animals go missing on the 4th of July, than any other calendar holiday. How do you prepare your animals for the Fourth of July?

Even if they don't have noise anxiety, take these precautions to keep them safe and chill this holiday!

1. Keep Fido and Felix Safely confined indoors this 4th of July.

I promise, Fido would rather be at home with some ambient music playing, a CBD Kong and a cozy bed than outside helping you grill and entertain your company, while having to endure the loud, scary fireworks.

Resist the urge to include your dog this year, and keep him inside, where he will be safe.

If you have dogs or cats that live outdoors, consider letting them come inside for the entire day and evening.

1. Make sure your animals have well fitted collars on with visual identification tags and microchips that are up to date. Confirm that Fido and Felix's microchip is up to date with your name, current phone number, and address. It is important to have visual identification on your animals' collars, as well as microchips.

Again, animals go missing every year because they are frightened by fireworks. If their tags and microchips are up to date, your animals will return home more quickly.

- 1. Make sure to schedule time to exercise your dog before the festivities begin. If it is too hot for a walk, play with him in the yard, or take him for a swim at the beach.
- 1. Create your animals 'cozy space' ahead of time and introduce them to it several days before the fireworks begin. We want these spaces to have relaxing associations, like ambient music, soft blankets and perhaps even a little calming essential oil.
- 1. Stuff a Classic Kong with your dog's favorite food.

There are tons of recipes online but prepare and practice with them ahead of time. We want Fido to associate these yummy Kongs with good things, not stressful fireworks. You can freeze these Kongs to make them last longer, and even mix in some of Fido's CBD oil for extra chill points.

Did you know they make kongs for cats? Teach Felix how much fun a Kong can be, and use this to give him something enriching to do during the Fourth of July.

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